

# CHIRS FALLS REPORT

## 2019 Semi-Annual Report

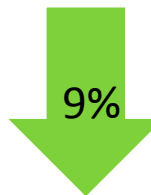
Great news! The second half of 2019 saw fall incidents decrease, with a total 54 falls agency wide. This is down from 64 falls from January to June. We also saw a decrease in the percentage of falls involving client injury.

Keep up the falls reporting! Vigilance to falls has allowed for the identification of trends, as well as the identification of several clients who have high rates of falls. In addressing each of these client's differing circumstances, while we are aware that a complete absence of falls may not always be attainable, we continue to work towards a decrease in falls sustained by high risk clients.

### FALLS BY THE NUMBERS

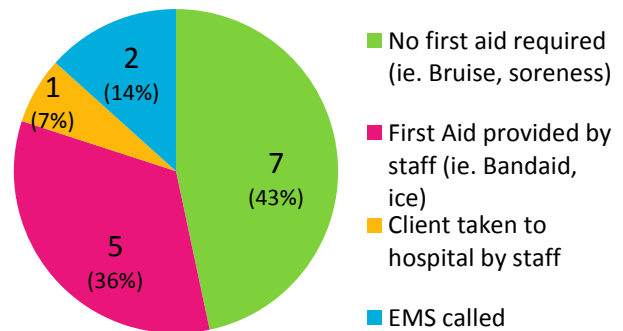


Falls decreased 16% in the second half of 2019. There were 54 total falls from July 1 to December 31 2019.



Falls resulting in client injury decreased by 9%. The majority of injuries sustained were minor in nature.

### FALLS RESULTING IN INJURY: A Breakdown



Total Falls with injury from Jul to Dec = 14

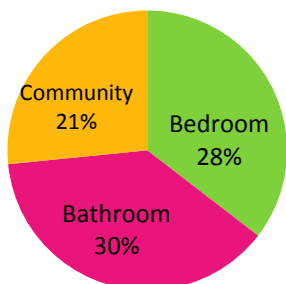


### Falls Prevention: WINTER QUICK TIPS

Ensure you and your clients:

- Have properly cleared walkways, steps, and driveways
- Wear shoes with good traction
- Check to see if the ground is slippery before stepping out of vehicles
- Use a slower, wider gait. Do not rush
- Dress appropriately (have gloves, hat, and scarf with you, even if you don't think you'll need them)

### 3 MOST COMMON FALL LOCATIONS

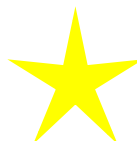


### MONTHLY AVERAGES

2019 – 10  
2018 – 9  
2017 – 8  
2016 – 14

### 2020 Goal

- Overall falls reduction. Stay tuned for staff and client opportunities to reduce falls at CHIRS, including:
  - Falls Prevention clinical group
  - Ongoing client exercise reviews



Refer to CHIRS OT should your client require a home safety or exercise assessment

Questions? Comments? Concerns? Ideas?  
Contact your SC or OT!