



Funding support provided by:



# **Families After Brain Injury : *Summer Learning & Support***



## ***What is it?***

- ◆ A group for Family Members of adults (age 18 and up) with Brain Injury
- ◆ An Opportunity to Learn more about:
  - ◆ Effects of Brain Injury on the Survivor and Family
  - ◆ Strategies to Cope with its Changes and Challenges
  - ◆ How to Manage Stress and Care for Yourself as you Support your Injured Loved One
  - ◆ Other Topics of Interest to the group



## ***When?***

### **Series 1**

**Wednesday Evenings (6 Sessions)**  
**Beginning: June 16, 2010**  
**Time: 6:00—8:30**

### **Series 2**

**Tuesday Evenings (6 Sessions)**  
**Beginning: July 20, 2010**  
**Time: 6:00—8:30**

## ***Where?***

- ◆ Community Head Injury Resource Services (CHIRS)
- ◆ 62 Finch Avenue West (near Yonge and Finch), Toronto

## ***Why?***

- ◆ Learn, Connect with others, Do something for yourself
- ◆ Food and Refreshments will be provided



## ***Cost?***

- ◆ No Charge to eligible participants

## ***Facilitators:***

- ◆ Co-facilitated by Dr. Clare Brandys, Neuropsychologist  
& Diana Brouwer, Social Worker

## ***Who do I Contact for more Information or to Register?***

- ◆ Contact Diana Brouwer at CHIRS at: (416) 240-8000, ext. 256  
or E-mail: [dianab@chirs.com](mailto:dianab@chirs.com)



- ◆ *Preference will be given to participants living in the Central LHIN*
- ◆ *Registration is limited.*